

**Sutton Park 10k, Sutton-on-the-Forest, North Yorkshire**  
**Sunday 22nd September 2024**

Pos	Num	Name	Cat	Cat/Pos	Club	ChipTime	ChipPos	GunTime
1	62	Dan Dunnington	MS	(1/38)	Newark AC	00:37:08	1	00:37:08
2	107	James Ireland	M40	(1/15)	Knaresborough Striders	00:37:18	2	00:37:18
3	86	Richard Ginn	M50	(1/19)	Pocklington Runners	00:38:02	3	00:38:02
4	200	Allan Scott	M45	(1/16)	City of York AC	00:39:10	4	00:39:11
5	28	David Brogan	MS	(2/38)	Easingwold Running Club	00:39:12	5	00:39:12
6	258	Simon Donoghue	M55	(1/15)	Easingwold Running Club	00:39:14	6	00:39:14
7	3	Brendan Anglim	M50	(2/19)	Easingwold Running Club	00:40:06	7	00:40:07
8	169	Paul Peacock	M60	(1/29)	Thirsk & Sowerby Harriers	00:40:13	8	00:40:13
9	14	Seamus Black	MS	(3/38)	Unattached	00:41:20	9	00:41:33
10	244	Mark Whiteman	M55	(2/15)	Easingwold Running Club	00:41:43	10	00:41:45
11	49	Samantha Davies	F45	(1/17)	Easingwold Running Club	00:41:53	11	00:41:53
12	267	Andrew Simpkin	M55	(3/15)	Unattached	00:41:59	12	00:42:01
13	237	Lee Walker	M40	(2/15)	Unattached	00:42:30	13	00:42:31
14	122	Jon Kenyon	MS	(4/38)	Unattached	00:42:33	14	00:42:34
15	199	Russell Saxby	M50	(3/19)	Unattached	00:42:48	15	00:42:49
16	72	Kathrin Flemming-Nichol	F40	(1/14)	Vegan Runners UK	00:42:58	16	00:43:00
17	15	Alex Blackall	MS	(5/38)	Easingwold Running Club	00:43:09	17	00:43:10
18	149	Barbora Milne	FS	(1/32)	Haxby Runners	00:43:10	18	00:43:13
19	85	Dan Gilbank	M50	(4/19)	Unattached	00:44:08	20	00:44:08
20	256	David Younger	M40	(3/15)	Unattached	00:44:04	19	00:44:14
21	211	Aaron Stevens	MS	(6/38)	Unattached	00:44:24	21	00:44:27
22	74	Paul Foster	M60	(2/29)	Elvet Striders	00:44:43	22	00:44:44
23	60	Ed Duffield	M50	(5/19)	Easingwold Running Club	00:44:45	23	00:44:47
24	259	Ben Frohburg	MS	(7/38)	Unattached	00:44:58	24	00:45:07
25	43	Joseph Cooper	MS	(8/38)	Easingwold Running Club	00:45:16	26	00:45:20
26	100	Michael Horton	MS	(9/38)	Unattached	00:45:14	25	00:45:24
27	70	Jack Faulkner	MS	(10/38)	Unattached	00:45:25	27	00:45:27
28	133	John Lewis	M50	(6/19)	City of York AC	00:45:26	28	00:45:29
29	173	Stephen Phillips	M60	(3/29)	Unattached	00:45:28	30	00:45:32
30	77	Richard Freeman	M45	(2/16)	Easingwold Running Club	00:45:29	31	00:45:33
31	56	Nigel Dove	M45	(3/16)	Easingwold Running Club	00:45:32	33	00:45:33
32	6	Florent Bally	M40	(4/15)	Easingwold Running Club	00:45:28	29	00:45:34
33	37	Chris Coates	MS	(11/38)	Thirsk & Sowerby Harriers	00:45:32	32	00:45:36
34	231	Andy Waites	M60	(4/29)	Lonely Goat RC	00:45:34	35	00:45:38
35	168	Gareth Parry	M40	(5/15)	Unattached	00:45:34	34	00:45:38
36	174	Ian Place	M50	(7/19)	Unattached	00:45:40	36	00:45:41
37	136	Gareth Lowe	M50	(8/19)	Unattached	00:46:05	37	00:46:08
38	153	Robin Moorcroft	MS	(12/38)	Unattached	00:46:07	38	00:46:17
39	255	Nathan Young	M40	(6/15)	Unattached	00:46:17	39	00:46:20
40	253	Stefan Wytwyckj	M40	(7/15)	Easingwold Running Club	00:46:21	40	00:46:27
41	83	Peter George	M50	(9/19)	Unattached	00:46:35	41	00:46:36
42	240	Matthew Walton	MS	(13/38)	Unattached	00:46:36	42	00:46:44
43	202	Harry Scott-Baxter	MS	(14/38)	Unattached	00:46:40	43	00:46:48
44	121	William Kennedy	MS	(15/38)	Unattached	00:46:51	45	00:46:55
45	223	Howard Thompson	M60	(5/29)	Easingwold Running Club	00:46:49	44	00:46:56
46	185	Rich Rex	M50	(10/19)	City of Hull AC	00:46:59	46	00:47:02
47	131	Mark Leake	M50	(11/19)	Easingwold Running Club	00:47:00	47	00:47:04
48	127	Andy Lawrence	M45	(4/16)	York Knavesmire Harriers	00:47:17	49	00:47:20
49	55	Oliver Douglas	M40	(8/15)	Unattached	00:47:13	48	00:47:24
50	42	Jon Cooper	M55	(4/15)	NYP Tri	00:47:49	50	00:47:56
51	207	Terry Smith	M60	(6/29)	Unattached	00:47:51	52	00:47:56
52	214	Hannah Strange	FS	(2/32)	Newark Striders RC	00:47:56	53	00:47:58

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Pos	Num	Name	Cat	Cat/Pos	Club	ChipTime	ChipPos	GunTime
53	141	Toby Marks	MS	(16/38)	Unattached	00:48:03	54	00:48:10
54	263	Megan Remmer	F50	(1/14)	Easingwold Running Club	00:48:04	56	00:48:10
55	124	Charlie Kneeshaw	MS	(17/38)	Unattached	00:48:03	55	00:48:11
56	154	Rodrigo Moreno-Serra	M45	(5/16)	Unattached	00:48:21	57	00:48:25
57	155	Joseph Morris	MS	(18/38)	Unattached	00:48:37	58	00:48:45
58	40	David Cooke	M55	(5/15)	Easingwold Running Club	00:48:47	59	00:48:52
59	29	Emma Brookshaw	FS	(3/32)	York Knavesmire Harriers	00:48:52	60	00:48:55
60	233	Ian Walbridge	M50	(12/19)	Unattached	00:48:56	62	00:48:59
61	54	Garry Doubtfire	M60	(7/29)	Unattached	00:48:57	63	00:49:02
62	209	Helen Spring	F45	(2/17)	Easingwold Running Club	00:49:01	65	00:49:03
63	165	Kate Osborn	FS	(4/32)	York Knavesmire Harriers	00:49:01	66	00:49:06
64	140	Mariusz Markowski	M45	(6/16)	Vegan Runners UK	00:48:53	61	00:49:09
65	115	Charlie Jowett	M45	(7/16)	Unattached	00:48:59	64	00:49:12
66	38	Matthew Cokeham	MS	(19/38)	Unattached	00:49:15	67	00:49:26
67	67	K Farmer-Scott	F60	(1/8)	Pickering Running Club	00:49:28	68	00:49:36
68	84	Christopher Gibson	M60	(8/29)	Unattached	00:49:49	69	00:49:51
69	204	Luke Shannon	M60	(9/29)	Thirsk & Sowerby Harriers	00:47:50	51	00:49:54
70	71	Michael Ferguson	M50	(13/19)	Unattached	00:49:51	71	00:49:57
71	194	Martin Rushworth	M50	(14/19)	Unattached	00:49:54	72	00:49:58
72	225	Steve Thompson	M45	(8/16)	Unattached	00:49:51	70	00:50:00
73	75	Tom Frankland	MS	(20/38)	Unattached	00:50:14	74	00:50:18
74	216	Jay Sumner-Brown	MS	(21/38)	Unattached	00:50:12	73	00:50:24
75	242	David West	MS	(22/38)	Unattached	00:50:35	75	00:50:40
76	12	Samantha Bell	FS	(5/32)	Unattached	00:50:41	77	00:50:43
77	262	Oliver Cook	MS	(23/38)	Unattached	00:50:39	76	00:50:45
78	36	Andy Butcher	M55	(6/15)	Thirsk & Sowerby Harriers	00:50:45	78	00:50:52
79	109	Tim Jarvis	M55	(7/15)	Unattached	00:51:09	79	00:51:12
80	192	Dawn Ross	F40	(2/14)	Unattached	00:51:10	80	00:51:24
81	250	James Winter	M45	(9/16)	Unattached	00:51:24	82	00:51:27
82	196	Lucy Saggars	F50	(2/14)	Pickering Running Club	00:51:22	81	00:51:30
83	5	Emma Atkinson	F50	(3/14)	Easingwold Running Club	00:51:27	84	00:51:33
84	224	Sam Thompson	MS	(24/38)	Unattached	00:51:25	83	00:51:39
85	26	Danny Bravo	MS	(25/38)	Unattached	00:51:33	85	00:51:45
86	261	Paul Turnbull	M55	(8/15)	Unattached	00:51:39	87	00:51:50
87	246	David Wilberforce	MS	(26/38)	Unattached	00:51:39	86	00:51:51
88	111	Luke John	MS	(27/38)	Unattached	00:51:42	88	00:51:56
89	156	Simon Mudd	M55	(9/15)	Unattached	00:52:05	89	00:52:10
90	96	Jude Harrison	F50	(4/14)	Unattached	00:52:08	90	00:52:13
91	120	Gareth Kennedy	M45	(10/16)	Unattached	00:52:18	91	00:52:23
92	167	Katy Parker	F40	(3/14)	Selby Striders	00:52:21	92	00:52:28
93	145	Scott McGreal	M40	(9/15)	Easingwold Running Club	00:52:41	94	00:52:49
94	39	Nicola Convy	F55	(1/8)	Easingwold Running Club	00:52:40	93	00:52:53
95	265	Joanne Wheeler	F40	(4/14)	Easingwold Running Club	00:52:51	95	00:52:58
96	210	Jon Starkey	M45	(11/16)	Unattached	00:52:56	97	00:53:06
97	206	Mark Smith	M60	(10/29)	Unattached	00:52:55	96	00:53:08
98	52	Anthony Ditchburn	M60	(11/29)	Richmond & Zetland Harrs	00:53:08	98	00:53:15
99	10	Andrew Bell	M45	(12/16)	Unattached	00:53:20	99	00:53:25
100	252	Jon Wright	M60	(12/29)	Unattached	00:53:36	101	00:53:43
101	222	Adrian Thear	M55	(10/15)	Haxby Runners	00:53:30	100	00:53:43
102	183	Michael Ratcliffe	M60	(13/29)	York Knavesmire Harriers	00:53:51	102	00:53:55
103	232	Joanna Wakefield	F45	(3/17)	Unattached	00:54:04	105	00:54:11
104	151	Viktor Molnar	M45	(13/16)	Unattached	00:53:58	103	00:54:13

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105	73	Katherine Ford	FS	(6/32)	Unattached	00:54:07	106	00:54:14
106	243	Paul White	M60	(14/29)	Valley Striders	00:54:13	108	00:54:15
107	58	Karen Dransfield	F50	(5/14)	Unattached	00:54:07	107	00:54:18
108	239	Henry Walton	M50	(15/19)	Unattached	00:54:03	104	00:54:22
109	160	Greg Norman	M45	(14/16)	Unattached	00:54:20	109	00:54:26
110	27	Robert Britland	MS	(28/38)	Unattached	00:54:21	110	00:54:28
111	158	Jo Newcome	FS	(7/32)	Unattached	00:54:31	111	00:54:40
112	102	Catherine Howell-Walmsley	F45	(4/17)	Easingwold Running Club	00:54:36	113	00:54:45
113	229	Mike Tranter	M60	(15/29)	Easingwold Running Club	00:54:31	112	00:54:46
114	113	Phil Johnson	M55	(11/15)	Unattached	00:54:50	114	00:54:58
115	116	Haci Kabanci	M55	(12/15)	Unattached	00:55:12	115	00:55:24
116	208	Helen Southwell	F45	(5/17)	Unattached	00:55:17	116	00:55:24
117	230	Belinda Turnbull	F60	(2/8)	Unattached	00:55:32	120	00:55:38
118	179	Malcolm Procter	M60	(16/29)	Danum Harriers	00:55:29	117	00:55:39
119	98	Sally Hayler	F45	(6/17)	Unattached	00:55:32	119	00:55:40
120	45	Steph Cooper	F55	(2/8)	Easingwold Running Club	00:55:30	118	00:55:41
121	90	Alan Gregory	M60	(17/29)	Winterton Running Club	00:55:32	121	00:55:47
122	99	Isabel Hedgecock	FS	(8/32)	Unattached	00:55:36	122	00:55:48
123	66	Dawn Farmer	F45	(7/17)	Unattached	00:55:54	123	00:56:09
124	137	Jodie Lund	FS	(9/32)	Selby Striders	00:56:12	126	00:56:18
125	226	Claire Throup	F40	(5/14)	Easingwold Running Club	00:56:09	124	00:56:18
126	217	Kelly Swannell	F45	(8/17)	Easingwold Running Club	00:56:10	125	00:56:23
127	123	Richard Kenyon	M60	(18/29)	Unattached	00:56:38	128	00:56:49
128	191	Adelle Rogerson	F40	(6/14)	Unattached	00:56:38	127	00:56:50
129	193	Claire Rushworth	F40	(7/14)	Unattached	00:56:45	129	00:56:51
130	65	Ben Exall	MS	(29/38)	Unattached	00:56:53	131	00:57:04
131	48	David Darton	M60	(19/29)	York Knavesmire Harriers	00:56:52	130	00:57:10
132	177	James Powell	M40	(10/15)	York Acorn Running Club	00:57:01	132	00:57:13
133	150	Clare Moffatt	F50	(6/14)	York Acorn Running Club	00:57:05	134	00:57:17
134	190	Ste Robson	M40	(11/15)	York Knavesmire Harriers	00:57:05	135	00:57:17
135	142	Beth Marley	FS	(10/32)	Unattached	00:57:04	133	00:57:26
136	238	Charlotte Walton	FS	(11/32)	Unattached	00:57:24	137	00:57:33
137	41	Iain Cooper	M40	(12/15)	Unattached	00:57:21	136	00:57:34
138	264	Jason Wheeler	M50	(16/19)	Easingwold Running Club	00:57:31	139	00:57:38
139	46	Stuart Dalby	M50	(17/19)	Unattached	00:57:29	138	00:57:40
140	260	Michael Hetheron	M60	(20/29)	Pickering Running Club	00:57:45	144	00:57:46
141	18	Debbie Bland	F60	(3/8)	Airecentre Pacers	00:57:43	143	00:57:47
142	34	Catherine Burdett	F40	(8/14)	Haxby Runners	00:57:34	140	00:57:48
143	227	Hannah Titmas	F40	(9/14)	Unattached	00:57:40	141	00:57:49
144	108	Emma Jackson	FS	(12/32)	Unattached	00:57:43	142	00:57:52
145	64	Helen Etches	FS	(13/32)	Unattached	00:57:49	146	00:58:02
146	88	Rachel Granger	FS	(14/32)	Unattached	00:57:48	145	00:58:08
147	221	Dan Taylor	M40	(13/15)	Pocklington Runners	00:58:01	147	00:58:17
148	17	Gavin Blackstone	M45	(15/16)	Unattached	00:58:15	150	00:58:18
149	16	Emma Blackstone	F45	(9/17)	Unattached	00:58:10	149	00:58:18
150	101	Ben Howell-Walmsley	MS	(30/38)	Unattached	00:58:16	151	00:58:26
151	8	Charlotte Barnes	FS	(15/32)	Easingwold Running Club	00:58:20	152	00:58:27
152	24	Holly Boyle	FS	(16/32)	Unattached	00:58:09	148	00:58:29
153	241	Ella Watkinson	FS	(17/32)	Unattached	00:58:28	153	00:58:38
154	139	Martin John Luxton	M60	(21/29)	Nidd Valley Road Runners	00:58:33	154	00:58:40
155	219	Gabor Takacs	M40	(14/15)	Unattached	00:58:38	156	00:58:55
156	25	Jonathan Boyle	M55	(13/15)	Unattached	00:58:36	155	00:58:56

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157	57	Sally Doyle	FS	(18/32)	Unattached	00:58:41	157	00:58:59
158	146	Paul Medlicott	M60	(22/29)	Unattached	00:58:58	158	00:59:05
159	257	Nora Youngs	F50	(7/14)	Unattached	00:59:07	159	00:59:14
160	103	John Howell-Walmsley	M60	(23/29)	Easingwold Running Club	00:59:22	161	00:59:32
161	234	Lisa Walbridge	F50	(8/14)	Unattached	00:59:26	162	00:59:34
162	181	James Prosser-Wild	MS	(31/38)	Unattached	00:59:20	160	00:59:39
163	218	Mark Swinden	M60	(24/29)	Tadcaster Harriers	00:59:32	163	00:59:42
164	32	David Brown	M60	(25/29)	Bannatynes RC	00:59:40	164	00:59:49
165	63	Helen Durrant	F50	(9/14)	Unattached	00:59:46	165	00:59:59
166	187	Mark Richardson	M60	(26/29)	Unattached	00:59:51	166	01:00:08
167	11	Rachel Bell	F40	(10/14)	Unattached	00:59:59	167	01:00:14
168	91	Debbie Gregson	F55	(3/8)	Easingwold Running Club	01:00:16	168	01:00:25
169	68	Rachel Farrand	F45	(10/17)	Easingwold Running Club	01:00:19	169	01:00:27
170	78	Cassie Garbutt	F45	(11/17)	Unattached	01:00:22	170	01:00:38
171	117	Colette Keenan	F45	(12/17)	Unattached	01:00:31	171	01:00:50
172	59	Amelia Du Boulay	FS	(19/32)	Unattached	01:01:51	172	01:02:03
173	35	Alison Butcher	F55	(4/8)	Thirsk & Sowerby Harriers	01:02:42	174	01:02:54
174	184	Daniel Redpath	MS	(32/38)	Unattached	01:02:36	173	01:02:57
175	266	John Wilson	MS	(33/38)	Unattached	01:02:45	175	01:02:58
176	44	Robert Cooper	M60	(27/29)	Easingwold Running Club	01:02:54	176	01:03:05
177	178	Deborah Procter	F60	(4/8)	Danum Harriers	01:03:10	178	01:03:20
178	203	Kelly Shackleton	FS	(20/32)	Unattached	01:03:02	177	01:03:21
179	53	Dan Ditchburn	MS	(34/38)	Unattached	01:03:23	179	01:03:42
180	30	Camilla Brosch	FS	(21/32)	Unattached	01:03:23	180	01:03:42
181	2	Patricia Anderson	F60	(5/8)	Unattached	01:03:40	181	01:03:56
182	195	Rosie Russell	FS	(22/32)	Unattached	01:03:55	182	01:04:09
183	94	Joanne Hargreaves	F45	(13/17)	Unattached	01:04:06	183	01:04:22
184	76	Stuart Fraser	MS	(35/38)	Unattached	01:04:29	186	01:04:36
185	162	Melanie Norris	FS	(23/32)	Unattached	01:04:26	184	01:04:45
186	147	Fiona Metcalfe	FS	(24/32)	Unattached	01:04:27	185	01:04:46
187	97	Emma Hatfield	FS	(25/32)	Unattached	01:04:50	187	01:05:05
188	128	Colin Lea	M55	(14/15)	York Knavesmire Harriers	01:04:52	188	01:05:08
189	135	Julie Linley	F55	(5/8)	Unattached	01:04:57	189	01:05:11
190	220	Paula Tate	F45	(14/17)	Unattached	01:05:10	192	01:05:19
191	134	Katy Lewis	FS	(26/32)	Unattached	01:05:03	191	01:05:24
192	152	Grace Mook	FS	(27/32)	Unattached	01:05:03	190	01:05:24
193	138	Natalie Lunn	FS	(28/32)	Easingwold Running Club	01:05:13	194	01:05:28
194	7	Katie Barker	FS	(29/32)	Unattached	01:05:13	193	01:05:32
195	247	Rachel Wilkinson	F45	(15/17)	Unattached	01:05:32	195	01:05:55
196	166	Mark Pagan	M50	(18/19)	Unattached	01:06:20	196	01:06:32
197	182	Kate Rainbow-Carter	F50	(10/14)	Easingwold Running Club	01:06:30	197	01:06:44
198	125	Christine Kneeshaw	F55	(6/8)	Unattached	01:07:03	199	01:07:17
199	22	Laura Bowers	F40	(11/14)	Unattached	01:07:01	198	01:07:25
200	161	Ellie Norris	FS	(30/32)	Unattached	01:07:44	200	01:08:02
201	197	Philip Sanderson	M60	(28/29)	Unattached	01:08:08	201	01:08:17
202	50	Catherine Derbyshire	F45	(16/17)	Unattached	01:08:14	202	01:08:31
203	23	Neil Boycott	M40	(15/15)	Unattached	01:08:22	203	01:08:38
204	248	Sam Williamson	MS	(36/38)	Unattached	01:08:23	204	01:08:38
205	175	Carolyn Platford	F40	(12/14)	Unattached	01:09:36	205	01:09:52
206	176	Jessica Porter	F45	(17/17)	Unattached	01:09:49	206	01:10:04
207	143	Pat Marley	F50	(11/14)	Unattached	01:10:15	207	01:10:38
208	119	Beth Kenna	F50	(12/14)	Unattached	01:10:54	208	01:11:14

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209	118	Andrew Kenna	M60	(29/29)	Unattached	01:10:54	209	01:11:14
210	172	Robert Pearson	MS	(37/38)	Unattached	01:11:05	210	01:11:22
211	245	Sally Whiteman	F60	(6/8)	Easingwold Running Club	01:11:23	211	01:11:39
212	105	Jon Husler	M45	(16/16)	Unattached	01:11:27	212	01:11:45
213	254	Emma Yates	F40	(13/14)	Pocklington Runners	01:12:23	213	01:12:39
214	251	Bernie Wood	F60	(7/8)	Easingwold Running Club	01:13:13	214	01:13:30
215	47	Laura Darlow	FS	(31/32)	Unattached	01:14:05	215	01:14:25
216	159	Trish Newton	F55	(7/8)	Unattached	01:14:06	216	01:14:29
217	82	Robert Gault	M55	(15/15)	Unattached	01:14:46	217	01:15:08
218	129	Darren Leaf	M50	(19/19)	York Knavesmire Harriers	01:15:31	218	01:15:51
219	81	Jo Gault	F55	(8/8)	Unattached	01:17:23	219	01:17:43
220	20	Alice Blinkhorn	FS	(32/32)	Unattached	01:19:54	220	01:20:17
221	164	Thomas Ormerod	MS	(38/38)	Unattached	01:19:55	221	01:20:17
222	189	Ruth Robson	F40	(14/14)	York Knavesmire Harriers	01:20:09	222	01:20:32
223	87	Claire Goater	F50	(13/14)	Unattached	01:21:09	223	01:21:17
224	130	Sarah Leaf	F50	(14/14)	Unattached	01:24:11	224	01:24:29
225	104	Janet Hull	F60	(8/8)	Unattached	01:27:06	225	01:27:24